

We have provided this simple training guide to help you and your eyes better adjust to the effects of each version.

(For the version with color illustrations, see <http://o2amp.com/o2ampTraining.pdf>)

Step 1. Go outside during daytime, or use a bright lamp or other source. **Why?** Once your eyes can adjust and become tuned to what each version is specifically made to accomplish you will see these effects under normal conditions.

Step 2. Without our eyewear look at your palm and bare forearm. Notice two key color variations:

- (a) *Blood oxygenation* – the color of the veins compared to the areas surrounding.
- (b) *Blood concentration* – noted when you squeeze and release your fist.

Step 3. Hemo-Iso: Put on the green eyewear, which isolates perception to blood concentration.

- (a) You will note that your veins no longer have color; this is often noticeable at the wrist. You may still see “super-structure” of the vein itself, but the color is neutralized.
- (b) Now, looking at your palm again, squeeze your fist and release. You will notice that the blood concentration is dramatic.

Step 4. Oxy-Iso: Put on the dark purple eyewear, which isolates perception to blood oxygenation.

- (a) You can see that your vein colors are greatly enhanced. In many cases you will see veins that are otherwise difficult to see at all.
- (b) Also notice that you will not see the blood concentration effects of the Hemo-Iso.

Step 5. Oxy-Amp: After seeing the **isolating** effects of the other two, now put on the light purple eyewear, which provides normal vision but with amplified perception of oxygenation.

- (a) You still note that veins are clearer.
- (b) But now you see the blood concentration effects as well.

Emotion and health are signaled by color changes on the skin, which are, in turn, due to changes in the blood. By amplifying perception of the blood under the skin, the Oxy-Amp enhances our perception of the emotions and health states of those around us.

The Oxy-Amp was first developed from research at 2AI Labs to create the first color-enhancement eyewear designed for the human eye.

*Our products are for personal and professional use, tools for professionals and products to enhance your personal life. **Hemo-Iso (Green) Lenses are not intended for use on or near roadways as they may reduce visibility of traffic signs or signals.